



Redwood Recovery Framework

September 30, 2020

Vision

Individuals living sober & free, creating thriving families & communities.

Mission

Empower individuals struggling with alcoholism & addiction to achieve long term sobriety through quality programs & services.

Values

1. **Sobriety**: True sobriety is found through gratitude, faith, hope, & love for self & others
2. **Spirituality**: Respecting agency, practicing meditation, seeking personal revelation, & nurturing faith bring us closer to our Higher Power
3. **Education**: Tailored programs & classes create higher meaning, service, problem solving, & prosperity
4. **Service**: Giving back invokes a healing power always present in successful long-term recovery
5. **Relationships**: Healthy relationships require work & provide meaning to life
6. **Support**: Critical support networks include counselors, mentors, sponsors, & a solid recovery community.

Purpose

To heal individuals with alcoholism & addiction by providing exceptional intensive & general outpatient programming (including education & counseling) that create a foundation of hope, strength, & spirituality.

Goals

1. Provide exceptional outpatient programming services
2. Create dynamic, viable client treatment plans
3. Successful relapse prevention (at least one year)
4. Instill principles of sobriety, spirituality, self-worth, service, & healthy relationships.

Objectives

1. Serve 200+ outpatient clients per year
2. Graduate 75% of clients completing the first month
3. Maintain 75% relapse prevention for graduates one year following admittance (or last relapse)
4. Retain quality volunteers, staff, case managers, counselors, & group facilitators (1-year minimum).